

Issy

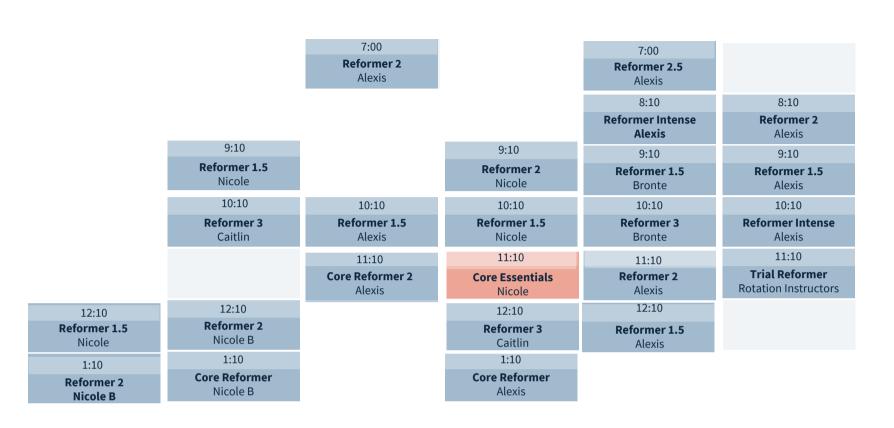
Brontë

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	7:00 Reformer 2 Alexis		7:00 Equipment Circuit Sarah			
8:10 Reformer 2	8:10 Reformer Intense	8:10 Reformer 2	8:10 Reformer 1.5	8:10 Reformer 1.5	8:10 Reformer 1.5	8:10 Reformer Intense
9:10 Tower & Mat	Alexis	9:10	Erinn 9:10 Tower & Oov	Laura 9:10 Tower & Oov 2	9:10	9:10
Sarah		Equipment Circuit 3 Sarah	Maeghan	Sarah	Mat Progression Laura	Tower 2 Brontë
9:10 Reformer 1.5 Nicole	9:10 Reformer 1.5 Maeghan	9:10 Reformer 1.5 Maeghan	9:10 Core Reformer 2 Erinn	9:10 Reformer 2 Laura	9:10 Reformer 2 Larissa	9:10 Reformer 1.5 Alexis
10:10 Reformer 3		10:10 Tower 1 Sarah			10:10 Reformer 3 Larissa	
Carolyn 11:10 Core Reformer 1 Nicole	10:10 Core Reformer 1 Maeghan	10:10 Core Reformer 2 Maeghan	10:10 Reformer 2 Erinn	10:10 Core Reformer 1 Sarah		10:10 Reformer 2.5 Brontë
12:10 Jan 8 Reformer Intense	11:15 Reformer Trial Maeghan	11:10 Reformer 3 Maeghan	11:10 Reformer Intense Erinn	11:10 Reformer 1.5 Laura	11:10 Reformer 1.5 Laura	11:10 Reformer 3.5 Brontë
Sarah	11:10 Reformer 1.5 Erinn	12:10 Tower 2 Sarah	12:10 Reformer 1.5 Erinn	12:10 Reformer Intense Laura	12:10 Reformer Intense Laura	2.0.1.0
	12:10 Core Balance •Erinn					PRICE + HST
	_			1 Group Classes 16 Group Classes		\$35 \$450
5:10 Reformer Intense Issy	5:10 Reformer 2 Brontë	5:10 Reformer 1.5 Laura	5:10 Core Reformer Sarah	Unlimited Group Classes Membership \$270		
6:10 Reformer 1.5 Issy	6:10 Reformer 2.5 Brontë	6:15 Reformer 2 Nicole M	6:10 Reformer 3 Sarah	2 Classes/Week Membership \$199		
7:10 Reformer 2 Issy	7:10 Reformer 3 Brontë	7:10 Trial Nicole	7:10 Reformer 3.5 Sarah	Reformer	Tower/Springboa	rd Mat
8:10 Reformer 1.5	8:10 Reformer 1.5		23.00.	24 hours cancellation otherwise	classes are 50 minutes. All private e the full fee will be charged. Clas elothing bought at the studio is no	ses and private sessions are

nonrefundable. All equipment/clothing bought at the studio is non-refundable. All contracts can be suspending with 2 week's notice.

MONDAY

TUESDAY



THURSDAY

FRIDAY

WEDNESDAY

Reformer 2 Nicole 6:10 Pilates Reformer 2.5 Nicole 7:10 **Core Reformer** Nicole

5:10

5:10	5:10	
Reformer 2 Bronte	Reformer 1.5 Alexis	
6:10	6:10	
Reformer 3 Bronte	Reformer 1.5 Alexis	
7:10	7:10	
Reformer 1.5 Bronte	Reformer 2 Alexis	
8:10	8:10	Α
Reformer 1.5 Bronte	Oov/Virtual Oov Alexis	2. n

PACKAGE ALL CLASSES ARE 50 MINS IN LENGTH	PRICE +HST
1 Group Classes	\$35
16 Group Classes	\$450
Unlimited Group Classes Membership	\$270
1 Class/Week Membership	\$109
2 Classes/Week Membership	\$199
Reformer Tower/Springbo	pard Mat

DACKACE ALL CLASSES ADE EQUINICIDAL ENGLIS

SATURDAY

SUNDAY

DDICE

All in studio classes and virtual classes are 50 minutes. All privates and studio classes will require 24 hours cancellation otherwise the full fee will be charged. Classes and private sessions are nonrefundable. All equipment/clothing bought at the studio is non-refundable. All contracts can be suspending with 2 week's notice.